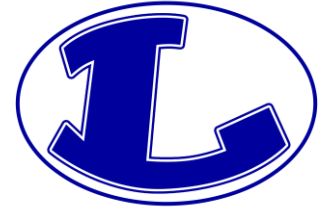


LISD School Health Advisory Council
Wednesday
February 21, 2024
4:15-5:15 PM
LISD Board Room



MINUTES

- Call to order at 4:15 p.m. by Jared Marcus
- Introduction of 2024 officers: Jared Marcus (chair), Jessica Guy (vice chair), Audrey Coffman (secretary)
- Faculty, community members, parent, and presenter introductions
- Motion per Calvin Pittman to approve the minutes from November SHAC meeting, motion seconded by Eric Gooch

Presentation: Dana Holcomb, Assistant Superintendent

- Dr. Patricia Sulak; spoke to SHAC committee previously, Zoom presentation available on School Health Website → SHAC → 5/4/2022 SHAC Meeting
- Living Well Aware: My Choices, My Life (The Guide to Adolescent Wellness)
 - Adolescent Wellness
 - School Staff / Caregiver Videos (Lessons + Previews)
 - No big updates since last visit from Dr. Sulak, just fully integrated online.
- Student feedback positive due to real answers from educators; would rather learn from education at school than through uncomfortable conversations with parents.
 - Data driven instead of emotional conversation.
- Curriculum aligns well with rural values sought out from our small community.
- Touches on types of abuse to include sexual abuse, emotional abuse, etc.
- Unanimous vote to approve sex education curriculum.

Donna Clark, MSN, BSN, RN: School Health Update

- Lots of illness going around currently at every campus; both students and staff affected.
 - Nurses teaching handwashing and emphasizing importance of standard precautions to prevent spreading germs.
- TCHAT being implemented on every campus for mental health services.
 - 52 students referred in LISD so far.
 - Lynette Jones, Counselor at TCE, explains positives of being able to refer out using TCHAT. Previously, after 4 visits with school counselor, students would be referred but it would be up to parents to follow through. Students are now able to get help at school if needed.
 - Currently a 6 month wait to see a psychiatrist at an outside facility.
- EKGs on March 19th for students grade 6-12 to be performed by the Cody Stephens Foundation; \$25 per student.
- Fentanyl training with staff during professional development on February 19

- Texas Legislature to require adoption of Fentanyl Prevention / Education Curriculum for 2024-2025 school year.

Campus Coordinated School Health Team Updates

- HSE: Tobi King, LVN
 - Lots of illness (seeing 35-45 students on average per day)
 - Education opportunities to prevent spreading germs.
 - How to Beat the Winter Blues Bulletin Board to help raise mental health awareness.
 - Playground Safety Education for students.
 - Scoliosis screening for 5th grade girls to be completed next week.
- KWE: Dana Tatum, LVN
 - Several health topics covered to include lice prevention, flu vs. cold, heart health, and oral health via bulletin boards, handouts, brochures, class discussions, social media, and CATCH.
 - National Wear Red Day on February 2nd in observance of Heart Health Month
 - Masonic Lodge supplying first graders with oral health kits.
 - 8 students on catch-up schedule for immunizations; 19 affidavits
 - Scoliosis screenings completed in December for 5th grade girls with 5 referrals.
- KWE Coach Roberts:
 - Kids Heart Challenge: 64% of \$8,000 goal reached with \$5,134 raised so far. 92 students are registered, 49 have raised money.
 - 11 students have completed Finn's Mission; Hands only CPR.
 - Marathon Kids running Tuesdays and Thursdays, have not had to cancel for the weather yet. 6,706 miles run so far with 39 students completing one marathon.
- TCE: Bethany Peters-Barrett, LVN
 - Oral health education in December.
 - Seatbelt safety education done in all PE classes in January. 6 car seats were given to families in need.
 - Hand hygiene education with Pre-K and Kinder in February using blue light to show how germs can be spread.
 - How to Beat the Winter Blues Bulletin Board to help raise mental health awareness.
 - Discussing Go Response Team for student incidents after having to call EMS for a student fall this past week. Situation was handled perfectly but would like to ensure this happens every time.
 - Scoliosis screenings scheduled for 2/26 – 2/27 for 5th grade girls.
- LMS: Terri Sturgeon, LVN
 - Averaging 30 visits per day
 - 4 provisional vaccination students; 3 from Mexico
 - Scoliosis screenings for 7th grade girls and 8th grade boys on Friday, March 1st.

- Donna and Terri to teach hands only CPR and Stop the Bleed to 8th grade students to complete graduation requirement prior to senior year on Friday, March 8th.
- Information was sent out to staff several times for Hearth Health Month in February.
- How to Beat the Winter Blues Bulletin Board to help raise mental health awareness.
- 5 LMS students currently benefitting from TCHATT.
- LMS Counselors brought attention to and encouraged students to spread kindness during Random Acts of Kindness last week.
- LHS: Audrey Coffman, LVN
 - October 1st – December 15th: weight loss challenge, 16 participants. Winners were Tracey Davis (percentage lost) and Danelle Ecker (pounds lost).
 - How to Beat the Winter Blues Bulletin Board to help raise mental health awareness.
 - February 8th: LHS hosted blood drive through Carter BloodCare.
 - February 19th: TEA Fentanyl Awareness and Guidance on pill handling for staff
 - March 19th: Cody Stephens Foundation, EKGs on campus for students; \$25 per student
 - Senior CPR Completed
 - 4 provisional vaccination students
 - Currently accepting unwanted eyeglasses for donation to the Lampasas Lion's Club.

Nutrition Department Updates: Calvin Pittman

- October – March begins preparation for next school year.
- Grant received from TEA and USDA for approximately \$80,000 to purchase Texas grown products.
 - Primarily focusing on lettuce currently
- Local rancher in Crawford, Texas that raise cattle. 4,000 pounds of 100% pure beef purchased from this company. 4oz hamburger patties for students.
- Menus made for next school year other than some nutritional adjustments being made.
 - Student feedback but following guidelines for nutrition services.
 - Need to limit amount of salt due to strenuous regulations.
- Health Inspection score of 100% at every campus for this year.

Texas A&M AgriLife Extension: Karen DeZarn

- Helped coordinate seatbelt safety education session at TCE; willing to schedule for any other campus interested.
- Heath Lusty traveling with FFA to shows to help students.
- Currently working with students on fashion design and sewing.

- Talent show opportunities available through 4H; scholarship potential.
- Interested in meeting with parents or students at schools that are interested in learning about nutrition information.
- Gardening program done at Head Start: Learn, Grow, Eat, and Go.
 - Scheduled for 3rd grade but would work for 4th and 5th grade as well.
 - Possible interest at LMS; greenhouse has been updated as gardening program has been started for Life Skills
- Academic UIL Speech students to possible meet with Karen

Parent Questions / Suggestions / Recommendations

- Trainer for seat belt safety recommended having someone at every campus to train parents on seat belt safety and car seat installation. Karen to check on upcoming trainings. cert.safekids.org/become-tech offers \$95 training program.